

Connect Newslitt Issue 12 22nd July 2005
CMWB Regional Consumer Network

Welcome to Newslitt Issue Twelve.

District Mental Health and Addictions Plan

At present the Auckland DHB Mental Health and Addictions Strategic Plan for 2005-07 is being written. Consultation meetings are happening with many groups.

The half day focused on our views is on:

Friday 29th from 1.30-4.30pm [here at the Network](#) everyone who is aware of or uses the services within the ADHB area is welcome.

A framework document is available if you would like a copy prior to the meeting.

Transport assistance will be available.

Maori Roopu

Please see the letter attached regarding this valuable hui opportunity.

Youth Consumer Advisor

My name is Shona Clarke, and I have just started in a new role at the Werry Centre for Child and Adolescent Mental Health Workforce Development. As part of my role of National Youth Consumer Advisor, I will be setting up a national network for youth consumer advisors, and later on developing a document and workshops on best practise of youth participation in child and adolescent mental health services. I'm wanting to get as many young people who participate in youth mental health services around the country linked in together to ultimately be able to support each other in a role that can sometimes be very difficult and isolated. So, if you are a young person in any kind of consumer rep/advisory/advocacy role, or have any contacts of young people around the country who are, and would be interested in joining this network, could you please let me know. It's in the initial stages at the moment but there will be ongoing updates to everyone.

If you have any questions - please don't hesitate to ask me. J

Contacts:

Shona Clarke

Project Leader

National Youth Consumer Advisor Project

*The Werry Centre for Child and Adolescent Mental Health
Workforce Development*

Department of Psychological Medicine

University of Auckland

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Website: www.werrycentre.org.nz

Email: s.clarke@auckland.ac.nz

Next Network BBQ

There was a patch of blue sky yesterday so it must be time to start organising the next Network BBQ.

Friday 26th August 2005 from 11.30 - 3.30pm.

RSVP's will be required for this one so phone the Network and leave your name and telephone number and how many people will be coming with you. Thank-you.

Asian Women's Health Symposium

'Calling for Action to Address the Well-Being Of Asian Women in New Zealand'

Date: Wednesday, 17 August, 2005

Time: 8.30am - 4.30pm

Venue: Fickling Centre, 546 Mt Albert Rd, Three Kings, Auck.

Cost: \$20.00 includes morning tea and lunch

RSVP: July 31st 2005

For registration forms contact the Network.

Caucus Meeting

The Next Consumer Caucus is on Thursday 18th August at 1.30 - 3.30pm here at the Network.

Ross Phillips will be coming to talk with us regarding the benefits of active Consumer participation in research and will be presenting some of the models or approaches to having meaningful participation in research.

Recommending Books

With the development of the Resource Room we are keen to hear about any books that have been helpful to your recovery. If you know the title and or the author give us a call or send us a list and Tou will do some research about where we can purchase these items. This counts for CD's or videos also. Thank-you.

Cervical Screening

Tena koutou katoa,

Cervical screening is an important part of women's health and can be a real challenge for us. If you would be interested in attending a screening clinic here at the Network with sensitive and qualified women smear takers, please call Deb and register your interest. We would be looking to provide a safe and supportive (and private) environment for you. This will be a free service.

Regards, Deb - Ph 623-1762

Network Coordinator Position

As you may know the position for the Network Coordinator was advertised about three weeks ago.

The Council for Mental Well-Being Trust have decided to postpone the recruitment process and have asked me to continue on for another three months until they are ready to pick up with recruitment process again.

Thank-you for your patience.

Website

If you can get access to a computer check out this website:

www.mindfreedom.org

Network operational hours are:

9-3pm Monday - Friday

Premises: 762 Mt Eden Rd, Mt Eden. It is best to ph. before you come so that we can plan to be here.

PO Box 10 256 Dominion Rd.

Ph 623-9384 fax 623-1763 cell 021 654 896 clairemoore@rcnet.co.nz or Jim

Campbell networker@rcnet.co.nz

Any comments or feedback regarding the Network are always eagerly received.

Regards,

Claire Moore Coordinator – Regional Consumer Network

CMWB TRUST

Regional Consumer Network

Sharing Responsibility for Mental Health

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18 July 2005

Re: Maori Roopu mo nga Tangata Whaiora

Tena Koe,

The Regional Consumer Network is a network of consumers and we are in the process of developing a Maori roopu of Tangata Whaiora to see what the needs and issues are for maori.

Focusing on peer support, networking, local and national issues etc. We would like to extend an invitation to all tangata Whaiora to come along and be a part of our roopu.

We would like to thank those who are already a part of this roopu for their input so far.

Naku na noa,

Tui Ripikoi