

Connect Newslitt Issue 19 2nd March 2006

CMWB Regional Consumer Network

Welcome to the Connect Newslitt - Issue nineteen.

Newslitts are produced primarily for people who use or have used mental health services but can be received by other interested persons as well. The Newslitts are produced by the Council for Mental Well-Being Trust - Regional Consumer Network Service - a service funded by the 4 DHB's and covering the Northern region of New Zealand.

The primary purpose of the Newslitt is to provide information and notification of opportunities for Networking.

Consumer Caucus

Has a new Venue!! Next time you come to the Caucus on Thursday 16th March 1.30-3.30pm it will not be at the Network. It will be at the **GROW premises at 97 St Lukes Rd, Mt Albert, Auckland** over the road from the St Lukes shopping mall. There is some parking around the house but if you want to leave early you will need to park on the side st. or park over the road at the St Lukes car park. Buses come from west, south, east and central Auckland to the shopping centre. If you prefer you can come to the Network and get a ride. We will be leaving the Network @ 1pm sharp. Transport assistance can be available if you let Claire know at the Network prior to the meeting.

Agenda items will include:

- Service User Tangata Whaiora Workforce Survey
- Family Forum request to combine on certain issues.

Caucus Questionnaire

Thank-you very much to those of you who completed and returned the Caucus questionnaire nearly 50% were returned - an awesome response. Anyone who returned a questionnaire and has not received a movie voucher but would like one, please contact Claire. Copies of the results can be sent out to any interested persons.

Waitakere Shared vision West Consumer Forum

This is a new forum for people from the West and is currently being held at 9am for one hour prior to the Shared Vision West meeting which will start at 10am. The venue: Kelston Community Centre. Facilitator is Donna Le Cleminant and contact person is Jacynth Joblin Ph.837 6602 ext. 6430.

Library

Library booklist is now on the website. A booklist can be posted out to anyone interested. There are a few over-due books would those people contact the office please Ph 623 9384. Thanks to some members of the Bo Ai She support group we now have a growing selection of books available for the Asian members of the Network and

the general public.

[New Books recommended to the Network: 'Touched with Fire' by Kay Redfield Jamison.](#)

Recent Documents Received by the Network

No-Force Advocacy by Users and Survivors of Psychiatry. Minkowski T. (2006) Mental Health Commission. Further copies have been ordered from the Mental Health Commission.

Tai Ji (Yang Style) and Martial Arts

Basic form to improve health, fitness and concentration.

Any interested people contact Tou Hau - leave a message at the Network 623 9384. NZ Tai Ji and Martial Arts Society.

Korowai Whaimana workshop on Human Rights

Workshop happening again in a couple of months.

Service User Tangata Whaiora Workforce Survey

“By 2010 people with experience of mental illness will be a skilled, powerful, pervasive and openly identified part of the mental health workforce in New Zealand.”

This is the vision set out in the “Service User Workforce Development Strategy for the mental health sector 2005 - 2010” (Mental Health Commission, 2005) and is at the centre of the Service User Workforce Development Project (SUWDP), a new project for the Mental Health Workforce Development Programme.

As a first step to realising this vision, the SUWDP is surveying the mental health workforce to find out who the service user workforce is - how many services users are working in the sector and what kinds of work they are doing.

To build a picture of the service user workforce, we are asking service users to complete and return a questionnaire (attached with this email).

The information we collect will help us to get an overview of the current service user workforce and begin to identify the key issues for this essential part of the mental health sector. This will be reported back to the sector and used for workforce planning activities. We are also compiling a national database of service users working in the mental health sector.

Attached is the questionnaire we'd like services users/tangata whaiora working in the mental health sector to complete. There is no obligation to take part in this survey and you do not have to complete the questionnaire.

If you have any questions or want to find out more information, please contact the Project Development Managers:

Gareth Edwards gedwards@mhpg.co.nz (09) 300 6778

Carolyn Swanson cswanson@mhpg.co.nz (09) 300 6854

To help us reach as many service users and tangata whaiora as possible, can you please pass this email and the attached survey to your colleagues and through your networks.

Thank-you for your time,
Gareth

NB. Voluntary work is fine - we're trying to be as inclusive as possible.

People with multiple roles can either select the one they do most and then fill out extra details at the end of the questionnaire, or they can fill out separate forms . . . as long as they put the same name! We really want to capture the complexity of working in as a service user so if there are any questions I'd be happy to answer them.

If you have not received a questionnaire and you need one contact either Claire at the Network office or Gareth ph 373 2125. If you need to post your completed questionnaire back the address is:

Gareth Edwards
Project Development Manager
Mental Health Programmes Group
PO Box 5541
Wellesly st.
Auckland.

Network operational hours are:

9-3pm Monday - Friday

Premises: 762 Mt Eden Rd, Mt Eden. It is best to ph. before you come so that we can plan to be here.

PO Box 10 256 Dominion Rd.

Ph 623-9384 fax 623-1763 cell 021 654 896 clairemoore@rcnet.co.nz or Jim Campbell
networker@rcnet.co.nz

Any comments or feedback regarding the Network are always eagerly received.

Regards, Claire Moore Coordinator – Regional Consumer Network

Please note: The material sometimes published in Newslitts does not necessarily reflect the CMWB Regional Consumer Network policy but represents each writers own understanding of life.